

**Study Session Meeting – Council Chambers, Ely City Hall
June 27, 2017**

Mayor Novak called the June 27, 2017 Study Session to order at 5:32pm.

PRESENT: Council Members A.Forsman, Kess, Debeltz, Omerza, Callen, D.Forsman, and Mayor Novak

ABSENT: None

ADDITIONS OR OMISSIONS: None

REQUEST TO APPEAR: None

OLD BUSINESS: None

NEW BUSINESS

Lisa Porthan- Northwoods Partners – Dementia friendly community

Poathan stated that Northwoods Partners has taken the lead on our community becoming a dementia friendly community. There are four action phases to become a dementia friendly community. Action phase 1 was to convene key community leaders and members to form an Action Team, Phase 2 was to assess dementia-related strengths and gaps within our community, Phase 3 was to analyze community needs and develop a plan to take action, Ely is in Action Phase 4 which is to pursue priority goals and take action community-wide to become dementia friendly. The conclusion learned through these phases is that our community needs more education and awareness of this disease. One of our community strengths is that we are a very supportive community who wants to help out our neighbors. During action phase 4 Northwoods Partners plans on having more training with community leaders including EMTs, Police, and others.

In August, Northwoods Partners is having a Healthy Aging Expo with Dr. Terry Barclay a specialist in Memory and Aging from Regions Hospital presenting.

Northwoods Partners is also planning on having trainings in September and October, if anyone is interested contact Northwoods Partners or more information will be at the Expo in August.

Some of the services Northwoods Partners offers include:

- Friendly visits- the coordinate volunteer visits for area residents who are homebound or alone and want or need contact with the greater community
- Exercise Buddy Program – Volunteers meet with people weekly in their homes to help increase their strength, flexibility, and balance. Exercises are customized for each individual.
- Tia Ji Quan Moving for Better Balance – Tai Ji Quan is a research-based balance training regimen designed for older adults and people with balance disorders.
- Transportation- They coordinate volunteer drivers to provide rides to meetings, errands and social events. Local and long distance rides are arranged for medical appointments.

- Caregiver Consulting – They provide professional assessments, information, education, coordination, and support for care givers and care receivers.
- Memory Care Support Groups – They host a monthly support group in both Ely and Babbitt for caregivers helping family members with dementia (memory loss).
- And Many Other Services.

Northwoods Partners would also like to get businesses involved with becoming a dementia friendly community by providing training for staff, then it can be easier for a person with dementia or their family to go out to eat at a restaurant or go to a bank and to do the daily tasks we take for granted.

If anyone would like more information on ACT on Alzheimer's please go to their website at www.actonalz.org

If anyone would like to volunteer with Northwoods Partners or if you know of someone who would benefit from any of their services you can call them at 218-365-8019 or email: lisa@northwoodspartners.org or their website is www.northwoodspartners.org

City of Ely – Mission and Vision Statements

Mayor Novak suggested that the Mission statement of the City of Ely be:

Provide the necessary services of municipal government while being fiscally responsible to not overburden local tax payers unnecessarily.

A.Forsman stated he likes the simplicity of the Mission Statement, but would leave the “to not overburden local tax payers unnecessarily” off of the statement.

Kess stated he would like it to reference the high quality of life we have in Ely. Kess stated that he is in favor of keeping the Vision Statement from the Comprehensive Plan as is.

Mayor Novak stated that the council can ponder these thoughts and come back to it at a later date.

Mayor Novak adjourned the meeting at 6:04pm without objection.

Casey Velcheff
Deputy Clerk